U.S. Marine Corps

Family Member Employment Assistance Program (FMEAP)

What is the Family Member Employment Assistance Program (FMEAP)?

- A liaison/referral service to local and national employers.
- A resource for educational and skill set training.
- Information concerning employment, skills-based education, training and volunteer opportunities.

The Family Member Employment Assistance Program Assists Family Members to achieve their goals through employment education or volunteerism.

- Offers services to meet the needs of family members.
- Helps clearly identify goals and necessary steps to achieve them.
- Provides job search guidance to focus on the important aspects of your job search plan.
- Provides "a listening attentive ear."

Family Member Employment Assistance Program Services

• Career Counseling/Assessments

 Know yourself and focus on the type of work best suited for your aptitude, abilities, and temperament.

• Educational Workshops:

- Resume Writing: learn types of resumes, essential contents, and most suitable format to present your accomplishments.
- Job Interview Techniques: learn to interview effectively and confidently. Know how to prepare for an interview: dress for success, what to say, what to ask, and employer's commonly asked questions.
- Federal Application Information: Understand the complicated application process (including RESUMIX) and learn about Federal employment opportunities.

Family Member Employment Assistance Program Services (cont'd)

- Staff Assisted Computerized Job Search
- Education and Training Resources opportunities
- Volunteer Opportunities
- Entrepreneur Business Opportunities

Some advantages of using the FMEAP services:

- Learn about the current labor market, average salary, and wage trends in your area.
- Know the right questions to ask the employer during an interview.
- Highlight resume accomplishments and adapt to various styles that employers are seeking and/or what format may fit your situation.
- Know effective negotiation techniques for salaries/wages and benefits.
- Know how to fill the gaps between periods of unemployment.

For further information about Family Member Employment:

Contact your local Family Member Employment Assistance Program or visit <u>www.usmc-mccs.org.</u>